



Hello! I am Ramtha, a 9-year-old Etruscan girl.

Let's make a necklace!

My friends and I like to make and wear jewelry. We find something interesting that we think is a magical amulet, and turn it into a necklace. My choice is an Etruscan carnelian scarab. Yours can also be a scarab or you can create your own amulet with these how-to instructions and wear it around for good luck!

MATERIALS:

1. Shrink plastic sheet
2. Permanent markers, colored markers or colored pencils
3. Printed image of the scarab or a sketch of your own idea of an amulet
4. Hole puncher
5. Long ribbon, a cool string or yarn or leather string
6. Scissors
7. Other interesting beads
8. An adult to help with the oven



INSTRUCTIONS:

1. Gather your materials. Print the next page with the image of the scarab or make your own magical amulet sketch. Don't worry about the size; the plastic sheet will shrink!
2. Tape your printed image or your sketch down on a flat surface. Tape the plastic sheet down over it, and begin to trace all the lines with a thin, black permanent marker. Make as many as you like. Make the scarab side or the reverse with your magic message or a name or a drawing of something that gives you super-powers!
3. Color in the scarab/s on the plastic sheet. Colored pencils, highlighters, sharpies, and paint all work!
4. With the help of an adult, cut the image out of the sheet. Make sure to leave a border around the image and enough space to punch the hole for the keychain!
5. Use the hole puncher to make a hole between the border and the image. This is where the string or chain will go through after baking.
6. Ask an adult to help with steps 6-8. Place the cut-out on an oven-safe tray. Aluminum foil or parchment paper works as well. Pre-heat the oven to 250 F / 121 C, and carefully place the tray in the oven.
7. Watch the scarab shrink! It should only take a couple of minutes for the image to shrink, fold in on itself, and then fold back out. Take it out only once it has shrunken, flattened back out, and has thicker edges.
8. Quickly remove the plastic sheet from the oven and press it down with a flat and heat-safe object. The plastic hardens in a few seconds, so it is important to do this fast.
9. After giving it a few seconds to cool, grab the amulet and put it in the chain or string. You can put many, and separate them with knots or cool beads to make your necklace. You can also make it using a key chain holder.

Visit the Etruscan gallery!



Let's make a necklace!

